



Mayo Clinic Connect



A welcoming online community where you can share your experiences, ask questions and find support from people with similar health concerns.

HOW TO JOIN

- 1 Go to connect.mayoclinic.org. Click the “JOIN” button in the top right corner.
- 2 Create a username. You do not have to use your real name if you wish to remain anonymous. Then add your email address and choose a password.
- 3 Keep the “Opt-in to site emails” box checked so you receive alerts about activity on the site.
- 4 Click “Join.” Scroll and read to the bottom of the Terms and Conditions. Then click “Agree and Join.”
- 5 This will bring you to Your Profile. On this page, you can add a picture and change your settings. Or simply click the “Do it later” button. You are now a member of Connect!

NEXT STEPS

Now that your account is setup, you can:

- Follow groups
- Join a discussion
- Start a new discussion



Discover your support network today
at connect.mayoclinic.org.